

Diabetes Wellness Program

Class Schedule

JULY 2007

Afternoon Class: (Thursdays)	07/05/07	ABC & Monitoring	1pm - 4pm	WCC
	07/12/07	Core I	1pm - 3pm	WCC
	07/19/07	Core II	1pm - 3pm	WCC
	07/26/07	Meal Planning	1pm - 4pm	WCC
Morning Class: (Tuesdays)	07/10/07	ABC & Monitoring	9am - 12 pm	WCC
	07/17/07	Core I	9am - 11 am	WCC
	07/24/07	Core II	9am - 11 am	WCC
	07/31/07	Meal Planning	9am - 12pm	WCC

AUGUST 2007

Evening Class: (Tuesdays)	08/07/07	ABC & Monitoring	6pm - 9pm	WCC
	08/14/07	Core I	6pm - 8pm	WCC
	08/21/07	Core II	6pm - 8pm	WCC
	08/28/07	Meal Planning	6pm - 9pm	WCC
Afternoon Class: (Wednesdays)	08/01/07	ABC & Monitoring	1pm - 4pm	WCC
	08/08/07	Core I	1pm - 3pm	WCC
	08/15/07	Core II	1pm - 3pm	WCC
	08/22/07	Meal Planning	1pm - 4pm	WCC

SEPTEMBER 2007

Afternoon Class: (Wednesdays)	09/12/07	ABC & Monitoring	1pm - 4pm	WCC
	09/19/07	Core I	1pm - 3pm	WCC
	09/26/07	Core II	1pm - 3pm	WCC
	10/03/07	Meal Planning	1pm - 4pm	WCC
Morning Class: (Tuesdays)	09/04/07	ABC & Monitoring	9am - 12pm	WCC
	09/11/07	Core I	9am - 11am	WCC
	09/18/07	Core II	9am - 11am	WCC
	09/25/07	Meal Planning	9am - 12pm	WCC

*To enroll in a class, please call Central Scheduling at 257-4036.
For more information, contact the Diabetes Wellness Program at 252-4411 x2391*

*Doctor's referral is required, but may be obtained after enrollment (prior to classes).
Fee for classes is covered by many insurers. Please check with your insurer for coverage.*

SUPPORT GROUP INFO ON REVERSE

