

Event



Fall in with Pilates Reformer! Valentine's week

Sunday, 2/12 – Saturday, 2/18

Free Pilates Reformer classes on
Valentine's Day, Tuesday 2/14.

9AM-9:30AM / 9:30AM-10AM / 12:15PM-12:45PM
4:15PM-4:45PM / 5:15PM-5:45PM

A Sweetheart of a Deal!

- 10% discount on private or group classes for **new** Pilates Reformer participants.*
- 10% discount for Private Buddy Training (both receive the discount).*
- Introduce a **new to** Pilates Reformer friend and you both receive a 10% discount.*

*Limited to one per person.

Must be purchased Sunday, 2/12 – Saturday, 2/18.

Please sign up for the FREE Pilates Reformer classes at Synergy's front desk, or for more information call (707) 251-1395 option 2.